

Steamboat Springs Adult Hockey Rules

- B & C Leagues -

2021 Spring Season

State, local, and rink guidelines are subject to change. ANY staff, chaperone/parents, spectators, or participants not observing state, local, or rink guidelines, will be required to leave the facility upon request.

[Howelsen Ice Complex COVID-19 Guidelines Document](#)

Please read through carefully.

Many league rules have been modified or changed for the upcoming season.

1) COVID-19 RULES & REGULATIONS

- a) Players must agree to stay home if they believe that they may be symptomatic or may have come into contact with someone who may have COVID 19.
- b) No spitting on the ice or benches.
- c) All staff, players, and spectators will be required to wear a mask while inside the Howelsen Ice Arena facility.
- d) Players will need to wear a mask that covers their nose & mouth while participating in adult league hockey games.
- e) Temperature checks at are standing temperature reader are required for all patrons entering the Howelsen Ice Arena upon entering the facility.
- f) Players and teams will be allowed in the ice arena & locker rooms 20 minutes prior to game time. All players and teams must leave the facility within 20 minutes of departing the ice - ***No Exceptions***
- g) **A player who has come in-contact with an individual who has tested positive for COVID-19 must:**
 1. Notify your captain and league administrator immediately.
 2. Stay at home.
 3. Player is quarantined for 14-days (dating from the last day that the player with confirmed COVID-19 attended activity).
- h) **A player who has tested positive for COVID-19 must:**
 1. Notify your captain and league administrator immediately.
 2. Stay at home.
 3. Player will need to stay at home until released from isolation (usually 10 days after symptom onset, 24+ hours fever-free, and improving symptoms).
 4. Team is quarantined for 14-days (dating from the last day that the player with confirmed COVID-19 attended activity).
- i) **Close contact with a person infected with COVID-19 includes:**
 1. Was within 6 feet of someone who has COVID-19 (even if they did not have symptoms) for at least 15 minutes total without a mask covering your face.

2) ROSTER REQUIREMENTS

- a) Rec League/C League teams must have a minimum of **3** females and **3** males on their roster.
- b) **Teams may only dress 16 players (goaltender included) each game. Team rosters may consist of more than 16 players. Rostered players must be registered with USA Hockey and they will need to play at least 3 regular season games to be eligible for playoffs.**
- c) Player substitutions must be communicated with the opposing team prior to the start of the game. Substitute players *must* be registered for the current adult hockey season. Substitute players may fill in for the league they are currently registered for or any league higher. Players may not substitute for teams that are in a lower league than the league the player is registered for. *This includes goalies.*

3) PLAYERS

- a) Every player must be USA hockey registered and provide proof (**printed copy**) of their registration to the league coordinators (Nick Carelli/Dmitry Chase) prior to stepping on the ice. All registrations are to be delivered through the team captains to the league coordinators. If a player is not USA registered, they cannot play - **No exceptions.**
- b) **Participating players are limited to playing in *one* league only this Spring (Special exclusions apply i.e.. goaltenders).**
- c) Players must play a minimum of **3** regular season games in order to be eligible for playoffs. The only exception to this rule occurs when a rostered player is returning from legitimate injury or there is a goaltender shortage within the league.

4) TEAMS

- a) **Each team must submit a roster of players by Monday, March 8th**
Players **CAN** be added to a team's roster up until the third week of league play – 3/28. All players must provide a copy of their current USA Hockey membership prior to skating (paper copy). Players added to team rosters after March 8th must be communicated with league officials through email or phone.

5) SUBSTITUTION

- a) In the event the captains of the respective teams mutually agree and approve a substitution of a player who does not reside on their regular roster but is rostered on a participating league team, they may play and have the game count towards the standings. In the event the captains do not mutually agree, the game can still be played with the substitute, however the team receiving the substitution will forfeit the game. If you anticipate you will have “non-league” player substitutions/additions during, for instance, the holidays, please preemptively account for these players on your original roster.
- b) Substitute players during league games may not score in the game they are substituting in (both leagues). Any goals scored by a substitute player will be disallowed. It is the captain's responsibility to reinforce this rule with substitute players on both teams.

6) HYBRID ICINGS

- a) Hybrid-icing allows the linesman to blow the play dead and call an automatic icing if he determines that the puck will cross the goal line and the defending player is not behind in the race to the end-zone faceoff dots in his defensive zone. The faceoff would go to the far end of the ice as it did with icings called in the previous system.

7) SLAPSHOTS (*C-League Only*)

- a) Players may not raise their stick above their waist to take a shot. If a referee believes that the stick was above the waist with a shot during the game, the play will be whistled down and there will be a face-off at the neutral zone or end zone face-off dot. Goals scored on “slapshots” will be disallowed and a faceoff will ensue.

8) OVERTIME/GAME POINTS

- a) 5 minute sudden-death 4 on 4 – **Stop Time**
- b) If no winner, then shootout (Best out of 3, then single thereafter)
- c) 2 points for regulation win
- d) 2 points for overtime win
- e) 1 point for overtime loss

9) PLAYOFFS

- a) Every team makes the playoffs
- b) First round is single elimination
- c) Final series will be best-of-three

10) GAME SUSPENSIONS – HIA LEAGUE RULES

- a) Players who commit three penalties in the same game will be ejected from that game. The player will be eligible for the next game under the review of officials and coordinators.
- b) Any player who is ejected from two games in the same season will receive an additional one game minimum suspension.
- c) Three or more suspensions in one season will lead to a multiple game suspension and a hearing with the league coordinators and officiating crew.

RULE 411 – PROGRESSIVE SUSPENSIONS

- a) Any player who receives their third major penalty during the same season for any combination of aggressive infractions listed below shall receive an additional three-game suspension. For any player who receives their fourth major penalty in this category, the player shall receive an additional five-game suspension. Any player who receives their fifth major penalty in this category during the same season shall be suspended until a hearing is conducted by the proper authorities (USA Hockey Affiliate). These designated game suspensions shall be in addition to any other suspensions imposed through the official playing rules. *At and above this schedule, the league commissioner may call a hearing of the league captains at its sole discretion at any point during the season if a player exhibits continued abuse, safety risk and/or infractions for other players, officials, scorekeepers or rink attendants. The league commissioner and captains may suspend the identified player indefinitely by majority vote.* The aggressive infractions that fit into this category are:

- Rule 603 Boarding
- Rule 604 Body Checking (Body Contact categories)
- Rule 606 Butt-Ending
- Rule 607 Charging
- Rule 608 Checking from Behind
- Rule 609 Cross-Checking
- Rule 611 Elbowing
- Rule 619 Head-Butting
- Rule 620 Head Contact

- Rule 621 High Stick
 - Rule 627 Kicking
 - Rule 628 Kneeing
 - Rule 634 Slashing
 - Rule 635 Spearing
 - Rule 639 Tripping/Clipping/Leg Checking
 - Rule 640 Unnecessary Roughness (Roughing)
 - (Note) A separate progressive suspension rule for Fighting is covered under Rule 615(f) Fighting.
- b) (Note) The role of the Official is to enforce all playing rules at all times and they are expected to strictly enforce playing rules that fall under the aggressive infraction category. Players and team captains must be held accountable for dangerous actions and the onus is on them to teach and play the game within the rules. Officials are required to submit a game report immediately following the game for any major penalty falling in the aggressive infraction category, game misconduct or match penalty that is assessed.

RULE 601 | ABUSE OF OFFICIALS AND OTHER MISCONDUCTS

- a) A minor penalty for unsportsmanlike conduct shall be assessed to any player who commits the following actions:
- (a) Excessively disputes the rulings of any official.
 - (b) Snowing a goalie upon a covering of the puck.
 - (c) Use of obscene, profane or abusive language to any person anywhere in the rink before, during or after the game.
 - (d) Shoots the puck after the whistle, if in the opinion of the Official such shot was avoidable.
 - (e) Throwing any object onto the playing area during the progress of the game or during a stoppage of play.
 - (f) Interfering in any non-physical manner with any game official, including off-ice officials, in the performance of their duties.
 - (g) Intentionally knocking or shooting the puck out of the reach of an official who is retrieving it during a stoppage of play.
 - (h) Not proceeding directly and immediately to the penalty bench or to the dressing room, after being penalized and ordered to do so by the officials (equipment shall be delivered to him by a teammate, if necessary).
 - (i) Touches or holds any official with his hand or stick.
 - (j) Attempts to continue an altercation after been ordered to stop or resists the linesman in stopping the altercation.
 - (k) Intentionally bangs the boards or protective glass or goal frame with his stick or any other object at any time. If done in protest of an officials' decision, an additional minor penalty for unsportsmanlike conduct shall also be assessed.

Team Captain's Responsibilities

1. Your primary responsibility is to ***educate your players***...communicate ALL pertinent information to each and every player during pre-season, prior to the start of each game, and throughout the season. This includes communicating the updated COVID-19 Policy's & Procedures put in place by our state and county.
2. ***Know the Rules***...you need to be familiar with the rules so that you can teach your players what they need to know to play the game and have fun! You will receive a complete updated rules document as a part of the schedule, and it will be your responsibility to share this with your players and keep a copy with you at all games. Rules will be available online at www.steamboatsprings.net/adulthockey.
3. ***Know the Schedule***...schedules will be posted on our website at www.steamboatsprings.net/adulthockey. It is your responsibility to communicate this information to the rest of your team as you are the only player who will receive notification. You need to make sure that you your players on any changes that may occur throughout the season.
4. ***Work with the League Coordinator***...as Team Captain it will be your responsibility to work with the League Coordinator to ensure **your team's scores online after each week are accurate**. It will be your responsibility to represent your team if you have any conflicts.
5. ***Encourage safety***...You should be your team's advocate for safe and fair play on and off the ice. Promote safe playing to prevent unnecessary injuries. While league play does have qualified officials at each game, you are expected to keep an eye on and warn your players who are prone to excessive or intentional misconduct.
6. ***Give us feedback***...throughout the season it will be your responsibility to let us know how things are going. You may schedule a meeting with the League Coordinator or Ice Rink staff to discuss issues or concerns at any time.