

FOR YOUR SAFETY...



Participants that play in any City run program including drop-in hockey and stick-and-puck must follow USA Ice Hockey Official Rules regarding equipment and must wear the following equipment to be eligible to play.

- Hockey Helmet, w/helmet strap fastened
Youth (under 18) HECC approved helmet w/ face mask
- Cup / Pelvis protector
- Elbow Pads
- Shin Pads
- Hockey Gloves
- Hockey Pants or girdle/cover

The rink highly recommends that **ALL** hockey players wear the following protective equipment:

- Mouth Guard
- HECC approved Helmet with a face mask
- Shoulder Pads

Players in violation of the Protective Equipment rule (#304-USA Hockey Official Rules) will be given a 10 minute misconduct after one verbal warning from a referee. A second offense in the same game will result in a game misconduct which means that the player must leave that current game and not play in their next scheduled game.

Please understand that this will be enforced for the safety of all players.